**HEXHAM RACECOURSE**

**HEXHAM RACECOURSE MARATHON/HALF/50K**

***NEW! RELAYS!***

**Saturday 3rd September 2016, 9.30 a.m.**

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FIRST NAME /TEAM NAME (RELAYS)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SURNAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

M/F: \_\_\_\_\_\_\_ AGE ON RACE DAY:\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NAME OF CLUB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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POST CODE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMERGENCY TEL. NO.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMAIL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­\_\_\_\_\_\_\_\_

Please give details of any medical condition that could affect you on race day?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Disclaimer: I a Event entered Half □ Full □ 50K □ Relay □

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I accept all conditions of entry and understand that the organisers will not be responsible for any loss, injury, accident or damage to myself or to anyone with whom I am involved in consequence of my participation in this event. I will ensure that I am in good health on the day of the race, compete at my own risk and retire from the event if unwell.

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Send to: 6 Hextol Gardens, Denton Burn, NE15 7UA.

Email:melaniejane.horan@gmail.com for enquires.

Make cheques payable to “North East Marathon Club”

Or enter at [www.madeyarun.com](http://www.madeyarun.com)

ARC permit no 16/125

**MARATHON/HALF MARATHON/50K**

***NEW! RELAYS!***

SATURDAY 3rd SEPTEMBER 2016

 9.30 am

**Course**: Ambulance track inside the race track. This is not as smooth as Newcastle! 1.4 miles per lap, 18 ¾ laps for the marathon, 9 ½ laps for the half, 22 ¼ laps for the 50K.

**Relays:** 3 laps per runner (4.2 miles) with the first runner doing a mile extra to make up the marathon distance.

**Distance:** Distances are Garmin measured only.

**Prizes:** First male and female, and first M and F in each 5 year Veteran age group. First relay team.

**Awards**: Memento to all finishers

**Numbers**: To be picked up on the day at registration.

**Presentation:** In building used for registration. Please check to see if you have won!

**Refreshments:** Water, squash and sweets at start/finish of each lap.

**Time limit**:- 5Hr 30Mins

**Entry Limit**:- 200, No entry on the day

**Venue:** Hexham Racecourse, High Yarridge, Hexham, Northumberland, NE46 2JP (http://www.hexham-racecourse.co.uk/location.htm)

**Facilities:** WC and refreshments available near the start/finish.

No showers, limited changing.

**First Aid**: Frontline Medical

**Car Parking**: Large car park near to start/finish

**Closing date**: 27/08/16, or earlier if full. Entries after this may no get prizes/mementoes.

**Minimum Age**: 20 years marathon and 50K, 17 years for the half/relays.

**Entry Fee:**

NEMC member/affiliated/non-affiliated **£15/£17/£19**

**Relays:- £30 per team of 6**

Non refundable, non transferable. No refund if weather is such that runners safety is compromised. No deferrals.