

## DRURIDGE BAY FULL and HALF MARATHON ROUTE INSTRUCTIONS

These instructions should be read carefully in conjunction with the map supplied.

It is your responsibility to familiarise yourself with the designated route. No responsibility will be accepted for anyone “getting lost” or “going the wrong way.” The route is fairly obvious and easy to follow but we will have either direction arrows or marshals in place where necessary.

- The Start/Finish will be next to the roundabout behind, (north of,) the Visitor Centre at 9.30 am prompt.
- Follow the obvious grey-surfaced footpath anti-clockwise around the Lake (1.6 miles approx) back to the Start.
- On passing the Start take the first Right turn through trees and on to the road. NB Take care here to look for any vehicles when exiting this footpath as the road will be closed to traffic for the 1<sup>st</sup> lap only. Run North up the right hand side of the road and at approx 2.4 miles turn Right down the Ramp to beach (opposite Hadston Scaurs Boat Club.)
- Continue South on beach for almost a mile before turning Right off beach to the Drinks Station at approx 3.5 miles
- After passing through gate on Left immediately after the Drinks Station turn sharp Right to follow the footpath anti-clockwise around the second, larger Lake.
- At the end of the road around the Southern shore of the Lake, (approx. 5.6 miles) turn sharp Left onto the cycle path. Follow the cycle path North back to the Drinks Station, (approx 6.4 miles) where you will be directed onto a narrow footpath through a wooded area and back to the Start/Finish.
- Repeat for a 2<sup>nd</sup> lap for the Half Marathon and 3 more times for the full Marathon.

The tide should be out throughout the run. If, in the unlikely event that it does cover the ramp in the later stages of the full marathon race, simply make your own careful way on to the beach here. Bring these instructions with you on the day to help you enjoy your run.

Jim Manford  
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