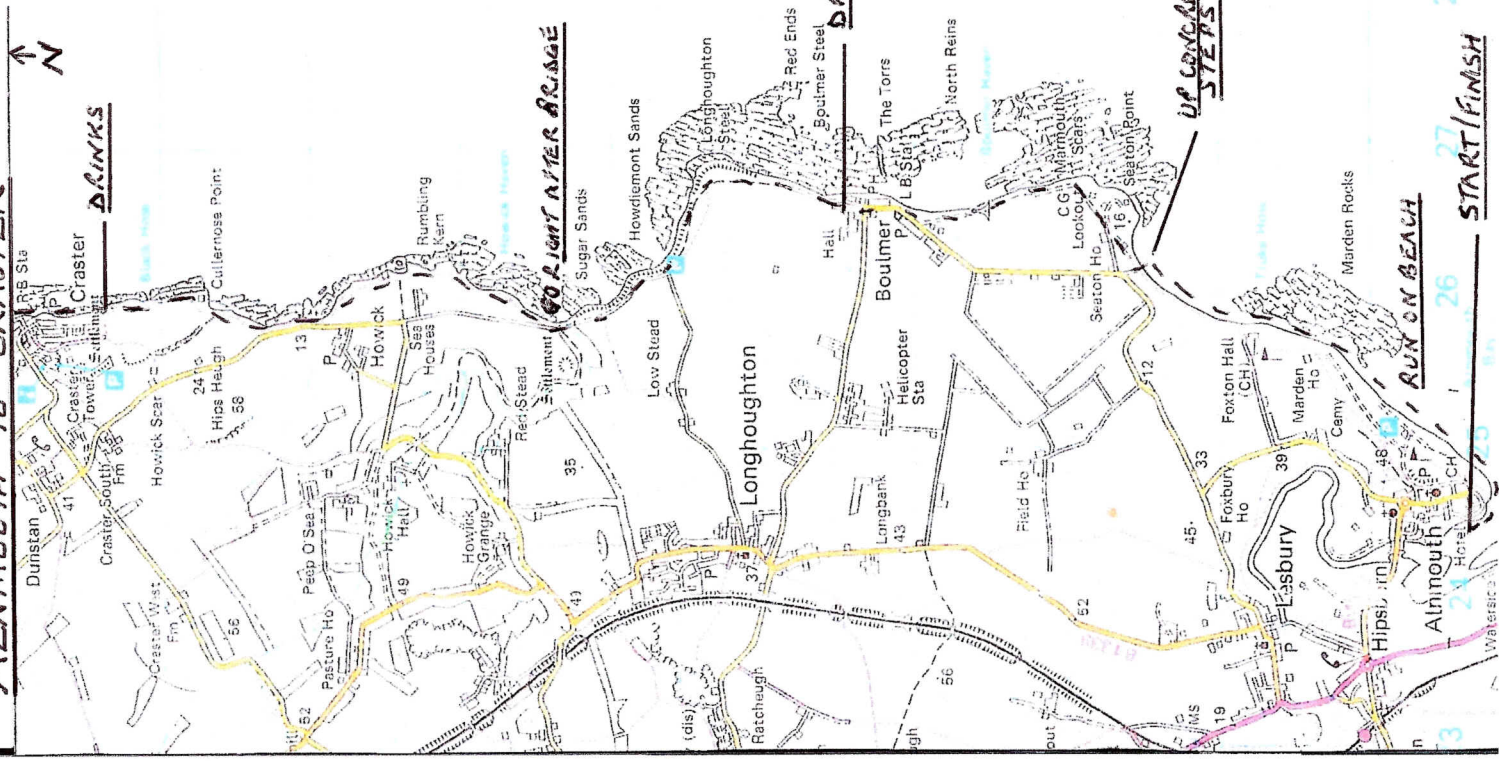


ALN MOUTH TO CRASTER



NORTHUMBERLAND

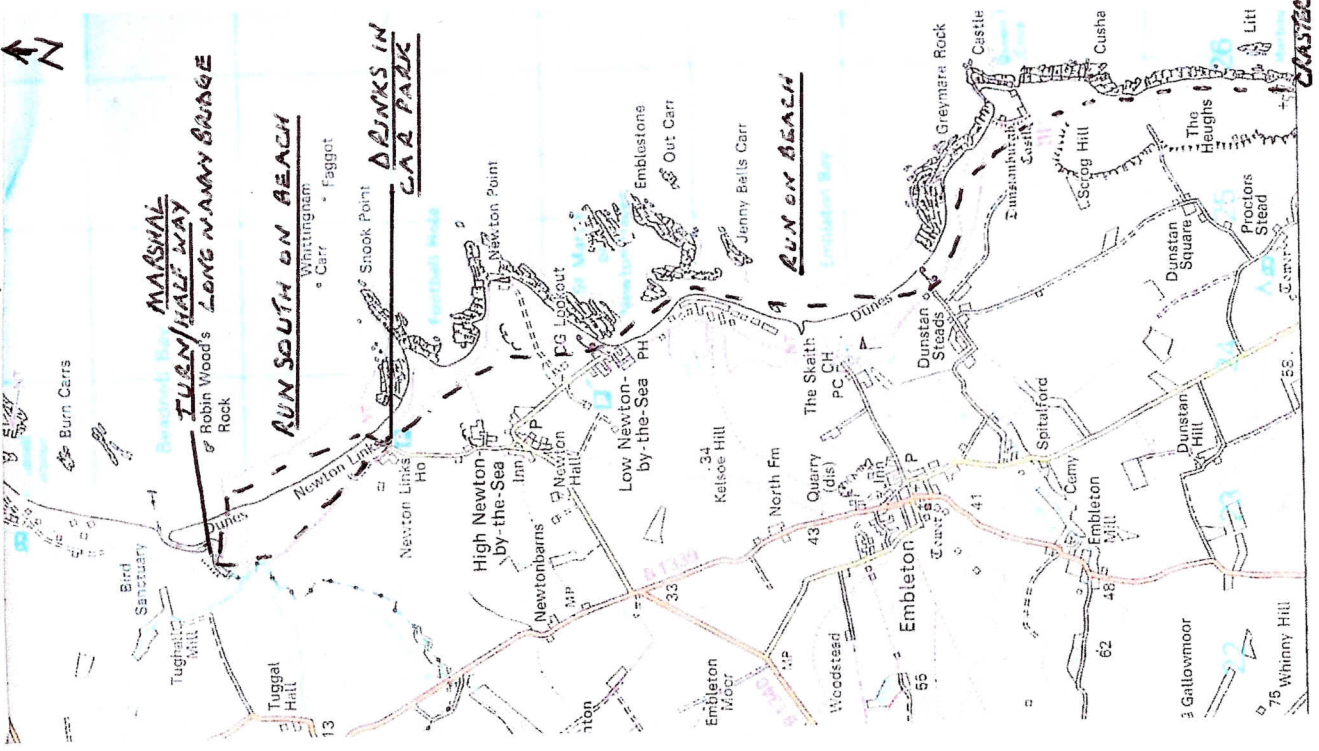
COAST

MARATHON

SCALE:

1 1/4 in to 1 mile
2 cm to 1 km

CRASTER TO BEAUNELL BAY



START/FINISH

RUN ON BEACH

UP CONCRETE STEPS

DRINKS

NO LIGHT AFTER BRIDGE

RUN SOUTH ON BEACH

DRINKS IN CAR PARK

MARSHAL TURN/HALF WAY

CRASTER TO BEAUNELL BAY