



Newcastle Urban Ultra



Start and finish:
Sugley Church,
Scotswood Road,
Newcastle NE15 8SB

[urban-ultra \(osmaps.com\)](http://urban-ultra(osmaps.com))

[GPX file](#)



1. Turn left onto Scotswood Road



2. Turn left and pass the church



3. Continue until the lights



4. Cross at the crossing



5. Turn left and run to the roundabout



6. Turn right onto Kingfisher Boulevard



7. Continue to the white Riverside sign



8. Cross the road onto the track



9. Continue along the track beside the river





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<p>10. Just before the huge puddle, turn left down this mud track</p>	<p>11. Run through the industrial estate</p>	<p>12. Keep going past these grey railings</p>
		
<p>13. Turn right to follow the cycle route sign</p>	<p>14. Turn left onto the Hadrian's Way path</p>	<p>15. Continue to the Newburn Bridge Road</p>
		
<p>16. Cross the road and run past the Boathouse pub</p>	<p>17. Take the left hand path after the rowing club</p>	<p>18. Follow the path round to the right and continue straight on past the leisure centre</p>
		
<p>19. Turn right and pass the entrance to the activity centre</p>	<p>20. Cross the road and turn left behind the first row of houses</p>	<p>21. Go up this hill</p>
		
<p>22. Turn right onto Newburn Rd and head to the lights</p>	<p>23. Cross and go up Park Road</p>	<p>24. Go up the path</p>



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25. Follow the path across the grass



26. Turn left and head towards the school



27. Pass the school on the left and go down this tree tunnel



28. Come to 3 paths and take the middle one



29. Run past all of the fences



30. Turn right down this path with wooden steps



31. Continue through the Dene, crossing the bridges until you get to this gate



32. Cross Hexham Road



33. Go into the North Dene



34. Go straight on, not up the stairs



35. Continue on the main path, don't take the left path



36. Take the right hand path, don't go over the bridge



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37. Keep to the main path, don't go left



38. Keep to the main path towards the tunnel



39. Go through the tunnel



40. Follow the path to the right, continue past some houses



41. Continue along the pothole road to North Walbottle Road



42. Cross north Walbottle Road



43. Turn left and run up North Walbottle Road



44. Look out for this wagon way entrance on the left. Cross over and go down it



45. Continue to this gate to Stanfordham Road



46. Cross Stanfordham Road



47. Turn right along the new path to the brideway



48. Turn left and follow the very muddy brideway through the building sites



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49. Continue until you reach this gap in the fence



50. Turn left and pass the old school house



51. Continue along the road until you reach the bridlepath on the right



52. Turn right and follow the bridlepath



53. Turn right before these rocks



54. Continue along this path past the lake



55. Either go up this hill



56. Or follow the trail around and up a less steep path to the bridge



57. Cross the bridge



58. Follow the path down the hill



59. Cross the metro line with caution. Note: the pole is attached to the gate



60. Continue down this alley to the Green Lane



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61. Go along Green Lane to Ponteland Road



62. Cross Ponteland Road and turn left



63. Continue until the end of this side road and go right through the bollards



64. Run along Middle Drive



65. Keep going straight on along this path



66. Carry on to the roundabout when you hit this road



67. Turn right at the roundabout



68. Go through this gate and continue past Woolsington Hall and farm houses



69. Go straight on - it will be boggy



70. Continue to the gates and cross Brunton Lane



71. Turn right and run across this grass



72. Turn left at the 20 sign



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73. Continue up this lane	74. Go straight ahead	75. Cross at the lights
		
76. Continue along Brunton Lane bending to the left and then right past some cottages	77. Turn left at this public footpath	78. Continue along the footpath
		
79. Cross at the crossing	80. continue along the next footpath	81. Go through this wall
		
82. Continue along the track	83. Continue straight on	84. Continue to the car park
		
85. Turn right onto a track parallel with the road	86. Slide past the fences	87. Go across Coach Lane



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88. Continue along this footpath



89. Turn left at the end of Windt Street



90. Continue to Hawthorne Ave- take the left path



91. Keep going



92. Cross Beaumont Terrace and turn left



93. Continue past the houses



94. Take the right hand turn for Big Waters



95. Continue along the track to the car park



96. Go through the gate on your right



97. Take the right hand path



98. Cross the stepping stones



99. Or the bridge





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100. Continue past the lake on your left	101. Take the right hand path here along a narrow path beside a field	102. Turn right to continue down the path
		
103. Continue through this gate	104. Turn right onto this path and go over the hill	105. Continue along the path until you reach this "canal" then turn left
		
106. Turn left onto Bridge Street	107. Cross at the traffic island and head for the waggon way	108. Follow the waggon way path
		
109. Continue straight on here	110. Turn left here- heading for Weetslade	110. Turn left here
		
111. Follow the path up the hill	112. Run around the monument and double back	113. Take the path down the hill



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114. Turn left at the bottom/bin



115. Go past the car park and across Great Lime Road to the waggon way



116. Take the right hand path and continue between the new houses and the rail line



117. When you hit a path turn left



118. Then go right towards the level crossing



119. Turn right onto Killingworth Drive



120. Continue until the end of the road



121. Cautiously cross the A189 and go straight ahead along the footpath



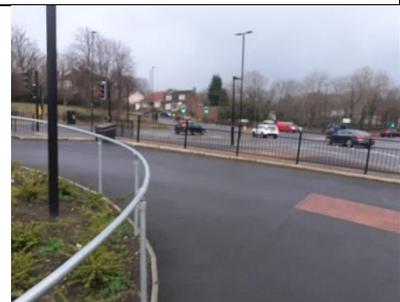
122. Continue along the path and through this gate onto Salters' Lane



123. Eventually the path runs out so cross over



124. Continue along Killingworth Road (same road) underneath the metro line



125. When you get to Benton Park Road, cross at the crossing



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126. Then cross Freeman Road at the crossing



127. Turn left and go up Freeman Road



128. Turn right down Castle Farm Road



129. Continue past the park and gym



130. After the road barrier, look for the Dene entrance on the left before the bridge



131. Take the nearest path to the river, the Red Walk, following signs for Pet's Corner



132. The café at Pet's Corner has toilets. Go up these steps on the left after the cafe



133. Then go up this path to the right



134. Continue through the gates onto Armstrong Bridge



135. Turn left and go to the bridge that crosses A1058



136. Cross the bridge and continue on the path through Armstrong Park



137. Go through these gates and across Jesmond Vale Lane



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138. Go through the gates into Heaton Park and stay on the red path



139. Go through these gates onto Heaton Park Road



140. Continue on Heaton Park Road past some cafes and shops to Shields Road



141. Cross Shields Road and go down Clifford Street



142. Go around the front of the Bingo



143. Follow this path to the subway



144. Go through the subway and through the metal gates



145. Stay on this footpath



146. Go through these gates onto Glasshouse Street



147. Turn right down Glasshouse Street



148. Take the first right down St Lawrence Road



149. Continue down to the Quayside and run towards the Cycle Hub



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150. Turn right at the Tyne Bar



151. Follow the railings along the Ouseburn past Seven Stories and the farm



152. Continue along this footpath



153. Follow the cobbled path



154. Head for the stairs and go up them



155. Follow the path keeping the fence to your right



156. Continue past City Stadium to this junction then turn left



157. Continue along this footpath and cross Stodart Street



158. Continue up Stodart Street to Sandyford Road



159. Turn left onto Sandyford Road



160. Continue along Sandyford Road



161. Go through this subway



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162. Continue past the Cartridge Pub to the next subway



163. At the metro station, go up these stairs



164. Go to the left of Jesmond Parish Church, along the footpath



165. Continue past RGS on the left and through the subway



166. Take the right hand path to Windsor Terrace. Continue all the way along.



167. Turn right at the cycle path



168. Follow the cycle path to this entrance to the park area



169. Follow the path then turn left to go through the subway to Exhibition Park



170. Go past the bandstand



171. Go down the steps and left through the subway



172. Follow the path to exit the park, cross over and go along Queen Victoria Road



173. After the RVI, turn right to Richardson Road and cross over



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174. Go through these gates to Leazes Park on your left



175. Go through the park keeping the lake on your right



176. Head for the bandstand



177. Pass the bandstand and head for the gates by the derelict park house



178. Go through the gates and turn left, follow this path turn left again to St James' Park



179. Pass St James's Park and go through the Chinese gates on your right



180. Go along St Andrew's Street to Newgate Street



181. Pass the Gate and continue along Newgate Street to Greggs



182. Cross and go through the Bigg Market



183. Cross and go between Subway and the Cathedral.



184. Turn right down Westgate Road



185. Turn left through the tunnel



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186. Turn right and run along Forth Street



187. Cross over to the police station, turn left and run down the hill



188. At the bottom of the hill, cross the road to join the quayside path



189. Turn right and run along the Tyne



190. Go through this car park



191. Up this hill



192. Go along William Armstrong Drive



192. Go to the right towards Scotswood Road



193. Turn left onto Scotswood Road



194. Cross at the Hadrian's Way sign



195. Turn left and follow the cycle path



196. Go through the barriers onto Hadrian's Way





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197. Continue straight on here	198. Continue straight along	199. Turn right here
		
200. Go up this hill	201. Turn left and head towards the statue	202. turn right onto Denton Road, cross at the crossing and continue up the hill
		
203. Turn into Denton Dene on your left	204. Follow the path past the football pitches and around to the left of the fences	205. Continue along this path-you should hear the A1 traffic
		
206. Turn left and cross the A1 footbridge	207. Turn right down the hill	208. Cross Neptune Road and turn right
		
209. Go through the barriers	210. Look out for a turning on the right	211. Go down the path to the church. The Finish!